

École Burton Ettinger Elementary School

Welcome ÉBES Families! We are looking forward to a wonderful school year ahead! Each month we will be sending home a monthly calendar of events. We will also send home math and literacy tips that you can use at home to help your child/children develop in these areas. We look forward to having monthly student assemblies this year where we celebrate students for positive decision making. There is also a section on Nutritional Tips that contains information to promote healthy living and choices. We hope you find this information useful. We look forward to a productive and successful year. Thank you in advance for your support. If you have any questions, please contact your child's teacher.

- École Burton Ettinger School Staff



Literacy Tips

You can have a powerful impact on your child's/children's literacy and learning, through reading aloud, providing print materials, and promoting positive attitudes about reading and writing.

Invite your child/children to read or write with you every day. This is a great way to practice reading and writing and a special way to spend time together as a family!



School Assemblies:

We have various celebrations here at school during our school assemblies. These vary from month to month and include such events as:

- Student Recognition Assemblies
- Celebrating Various Cultural Events
- School Performances/Choir



Math Tips

Using a few simple strategies will have an influence in developing math skills for children.

- Start Easy and Work Up! Once they have the hang of counting by 1s, introduce skip counting, such as counting by 2s and 5s.
- Use household items for counting practice. Practice adding and subtracting with objects around your house like spoons or pots/pans.



Healthy Living Tips:

Helpful tips for a healthy school year. Get lots of sleep! Start back to school with a good bedtime schedule.

- 6 - 9 years old need about 10 hours of sleep a night
- 10 to 12 year-olds need a little over 9 hours a night

Lack of sleep can cause irritable or hyper behavior and affect a child's learning.